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Pediatric Quality of L	ife		
Inventory			

Version 4.0

## TEEN REPORT (ages 13-18)

## DIRECTIONS

On the following page is a list of things that might be a problem for you. Please tell us **how much of a problem** each one has been for you during the **past ONE month** by circling:

- **0** if it is **never** a problem
- 1 if it is almost never a problem
- 2 if it is **sometimes** a problem
- 3 if it is often a problem
- 4 if it is almost always a problem

There are no right or wrong answers. If you do not understand a question, please ask for help.

Form QL13C Page 2 Site/ID#:\_\_\_/\_\_\_\_ Date:\_\_\_/\_\_\_/\_\_\_\_

In the past ONE month, how I	nuch of a <b>problem</b>	has this been for you
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ABOUT MY HEALTH AND ACTIVITIES(problems with)	Never	Almost Never	Some- times	Often	Almost Always
1. It is hard for me to walk more than one block	0	1	2	3	4
2. It is hard for me to run	0	1	2	3	4
3. It is hard for me to do sports activity or exercise	0	1	2	3	4
4. It is hard for me to lift something heavy	0	1	2	3	4
5. It is hard for me to take a bath or shower by myself	0	1	2	3	4
6. It is hard for me to do chores around the house	0	1	2	3	4
7. I hurt or ache	0	1	2	3	4
8. I have low energy	0	1	2	3	4

ABOUT MY FEELINGS (problems with)	Never	Almost Never	Some- times	Often	Almost Always
9. I feel afraid or scared	0	1	2	3	4
10. I feel sad or blue	0	1	2	3	4
11. I feel angry	0	1	2	3	4
12. I have trouble sleeping	0	1	2	3	4
13. I worry about what will happen to me	0	1	2	3	4

How I GET ALONG WITH OTHERS (problems with)	Never	Almost Never	Some- times	Often	Almost Always
14. I have trouble getting along with other teens	0	1	2	3	4
15. Other teens do not want to be my friend	0	1	2	3	4
16. Other teens tease me	0	1	2	3	4
17. I cannot do things that other teens my age can do	0	1	2	3	4
18. It is hard to keep up with my peers	0	1	2	3	4

ABOUT SCHOOL (problems with)	Never	Almost Never	Some- times	Often	Almost Always
19. It is hard to pay attention in class	0	1	2	3	4
20. I forget things	0	1	2	3	4
21. I have trouble keeping up with my schoolwork	0	1	2	3	4
22. I miss school because of not feeling well	0	1	2	3	4
23. I miss school to go to the doctor or hospital	0	1	2	3	4